

The Sacramento Veteran



VFW LT. LANSDATE POST #67, INC.
2784 STOCKTON BLVD.
SACRAMENTO CA 95817



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U.S. POSTAGE
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Sacramento, CA
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FOLD LINE

Post Commander	-	Chris Anderson	LAX President	-	Gloria Tarin-Gamino
Sr Vice Commander	-	Malachi Smith	Senior Vice	-	Terri Maestas
Jr Vice Commander	-	Daniel Johnson	Junior Vice	-	Marina Gonzales
Quartermaster	-	Kevin Hedahl	Treasurer	-	Ruth Torres
Chaplain	-	Michael Andrade	Chaplain	-	Kim Elias
Judge Advocate	-	James Lee Brannen	Conductress	-	Kathy Sublett
Surgeon	-	Robert Ortiz	Guard	-	Mary Woolford
1st Year Trustee	-	Dennis Gibbs	Trustees #1	-	Novella Lopez
2nd Year Trustee	-	David Rhodes	Trustees #2	-	Mary Woolford
3rd Year Trustee	-	Kuan Tseng	Trustees #3	-	
Interim Adjutant	-	Kevin Hedahl	Secretary	-	Alyssa Hernandez
Service Officer	-	Gilbert Gamino			

HALL RENTAL

916.370.2254

CANTEEN

916.453.9209

BAR MANAGER'S MESSAGE

I would like to salute the Bartenders of Post #67.

I don't have to tell you how great Bella Lopez is, she makes Sundays that much more enjoyable, and her clients always leave with a smile. Thank you for 12 years of great memories and supporting the Post.

Art Elias has been a bartender for 8 years, he's dependable, and a tremendous help. He opens up for other bartenders, and is always willing to fill in when I need him to. I know I can always count on him to have my back. I appreciate your hard work and thank you for supporting me all of these years.

Jimmy Ong is a member of the Chung Lee Post. He stepped up and volunteered his Tuesdays to help our canteen. He works hard and does it with a smile also looks good behind the bar with his signature black hat.

Huroko Rowe is our Star bartender. She has been a bartender for 28 years here at Post #67. This is all I'm going to say about her; if you know Huroko, you know how great of a job she's done all of these years for the Post.

Maria Donovan is our Thursday bartender. She has a great following of clients and has a way of making everyone feel at home and welcome.

I can always rely on our Iraq War Veterans; Daniel, Armando, James, and Mike to volunteer on Fridays and Saturdays. They are the future of our Post.

Thank you to our newest bartender Kim Elias. She is a quick learner and does a fantastic job. The members and I really appreciate her effort.

In conclusion, I would like to thank Mike Andrade very much, for supporting the Bar, helping Huroko with her Wednesday Luncheons, and for always offering his help with maintenance around the Post.

Without the collective effort from all the volunteers this wouldn't be possible, it gives me great honor to be the bar manager here at the Post, and appreciate all the help I get.

Loyally,

Glenn Woolford



Become a Veterans' Advocate.

Join the VFW Action Corps here:

www.vfw.org/ActionCorps

And receive the VFW Action Corps Weekly e-newsletter
And All VFW Action Alerts.



VFW CA Post 67 - SACRAMENTO
VETERANS OF FOREIGN WARS DEPARTMENT CALIFORNIA



The Sacramento Veteran

COMMANDER'S MESSAGE

Comrades and Sisters,

I want to thank Alyssa Hernandez and Kim Elias for helping us get The Sacramento Veteran newsletter up and running again. It is a very important tool used in keeping our members informed.

I thank all of those that have supported the Post this past year, and look forward to an even more prosperous upcoming year. A big Thank you to all of those that voted for me to be your Commander for the upcoming year. I look forward to working with any and all of you to help better out Post, Community, and County!

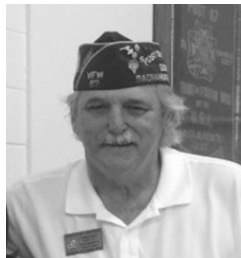
I'm very proud to have ten delegates representing Post #67 at the 2015 State Convention being held in Bakersfield, CA. June 11th –16th . Thank you to all of you that will be attending!

To those continuous members out there, I want to remind you to pay your dues on time. Your support is crucial to the future of our Post, much needed, and appreciated!

Yours in Commandership,

Chris Anderson

Commander, VFW Post 67



LAX PRESIDENT'S MESSAGE

Sisters of Ethel Lansdale Auxiliary & VFW Post 67,

May is proving to be a very busy month with all the upcoming activities and programs. May 2nd our Auxiliary will be hosting our annual yard sale and there will also be a Loyalty Day program honoring our flag at Post 4647 at 9:30 am.

We would like to send out a BIG WELCOME to our Ladies who are transferring from Post 85.

Elections were held on April 9th. I am proud to announce I have been reelected as President of the Auxiliary and will work diligently to serve this position and make our Auxiliary one to be proud of. I was so happy and excited of having several of our officers back for another year. Sr. Vice President - Terri Maestas, Jr. Vice President - Marina Maldonado, Treasurer - Ruth Torres, Chaplin - Kim Elias, Conduc-tress - Kathy Sublett, Patriotic Instructor - Judy Moore, Guard - Mary Woolford, Trustees are #1 Mary Woolford, #2 Christal Spooner, #3 Novella Lopez. So proud of the work these ladies have done for our Auxiliary and look forward to working together in our new term.

Just a quick note to announce our VFW State Convention will be held on June 12 thru 16, 2015, in Bak-ersfield at the Double Tree Hotel. Deadline for reservations is May 11, 2015. There will be a SCARF/TIE Extravaganza Fundraiser of gently used items at the Convention for Dept. President Marilyn Peck's Special Project "Operation Changing Lives". This project is to raise \$1 million for the National Veteran Service program which supports returning Veterans. So please bring your scarfs/ties to our VFW Post 67 by June 11th, we as an Auxiliary can collect them for this project and be able to send in a 2015/2016 VFS report. LET'S DO THIS LADIES!!!

We will no longer be doing fundraisers for the Cancer program, our National VFW and Auxiliary has asked us to support the National Veterans Service program with donations. This will fund the effort for NVS to hire more help to run programs to support Veterans immediately. We will still pay our \$2.00 an-nual cancer quota to keep our fund healthy.

Please invite more ladies to join our Auxiliary. We are in our 98th year and would like to have our mem-bership make it to 100%, we are real close at 96%. We are planning a huge celebration for our 100th year.

Come and join us at our next meeting on Thursday, May 14, 2015 at 6 PM. Our meetings have been very busy but we also have fun with new ideas and initiating new members.

REMEMBER WE ARE "ONE TEAM WORKING HARD FOR VETERANS"!!!

Loyally yours,

Gloria Tarin-Gamino

President, LAVFW 67

UPCOMING EVENTS!

*Memorial Day Ceremony of Reverence Sacramento City Cemetery
May 23rd 2015 @11 am*

*Post #67's Annual Luau Honoring all Veteran's!
July 25th 2015 @ 4pm*

*Willows Veteran ,Free Health Clinic
Post #67 May 25th 9am- 4pm*

*VFW State Convention & LAVFW State Convention
Bakersfield, CA June 11th -16th 2015*

*VFW National Convention & 102nd Ladies Auxiliary National Convention
Pittsburgh, Pa July 18th -22nd 2015*

PeaceMeal Kitchen



until peace is won, we serve

May Breakfast Specials

May 3rd- Chilaquilas , eggs, & beans

May 10th– Eggs Benedick

May 17th– Chicken Fried Steak

May 24th– Chorizo, eggs, & beans

May 31st– New York Steak , eggs



*IT'S A
SCARF / TIE
EXTRAVAGANZA*

Now is the time to go through your closet and gather up those "gently used" scarves and your husband's ties and bring to

Convention in Bakersfield.

Traci Lewis Ventress is the Chairman of this GIANT fund raiser for National Veterans Services

These will go on sale Friday -

Buena Vista Room (same as registration)

Make it an Auxiliary project and it's a 2015/16 VFS Report!!!!



M A Y 2 0 1 5

POST 67

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Loyalty Day	2 Auxiliary Yard Sale
3 Sunday Breakfast 8:30 am- 12:30pm	4	5	6	7	8	9 Dist. 17 Meeting
10 Mothers Day <i>Sunday Breakfast 8:30am- 12:30 pm</i>	11 Golden Senior meeting 5-9pm	12	13	14 American Legion meeting 7pm	15	16 Armed Forces Day
17 <i>Sunday Breakfast 8:30am- 12:30 pm</i>	18	19	20	21	22	23 Memorial Day Ceremony of Reverence
24 <i>Sunday Breakfast 8:30am- 12:30 pm</i>	25 Memorial Day Willows Veteran Free Health Clinic VFW Potluck 1pm	26	27	28	29	30

LAX TREASURER'S MESSAGE

Sisters and Comrades,

It is hard to believe we are coming to the end of another year. We've had our elections and are pleased to have Gloria Gamino as our leader for another year. We have been very productive this year. We are pleased to have Chris Anderson as Commander for another year. He has been so supportive of our Auxiliary and I believe you can see all the good things that have happened because of this union. Sure makes a difference when you can count on each other.

I need to make it known that we are not doing the clothing fund raiser. Now we would like to concentrate on collecting clothing for the Stand Down in September. This would be for both men and women. Also, for this Stand Down our Auxiliary is responsible for collecting bars of soap. Just bring them to the Post and we will hold them until that time.

Our Annual members that have not paid for 2015! You received a letter stating that if you have not paid by June 30, 2015 you will be dropped from the Auxiliary. If you wish to come back you will have to apply like a new member. With more Veterans coming back needing our help. We need to keep our membership up.

Don't forget our meetings are 6:00 p.m. on the 2nd Thursday of each month. Hope to see you at our meeting. We have a lot of projects going on.

God Bless,

Ruth Torres

Treasurer, LAVFW 67



JUNE 2015

POST 67

SUN	MON	TUE	WED	THU	FRI	SAT
1 <i>Sunday Breakfast 8:30am– 12:30 pm</i>	2	3	4	5	6	
7 <i>Sunday Breakfast 8:30am– 12:30 pm</i>	8	9	10	11	12 State Department Convention 12th– 16th	13 Merle Cale's 100th B-day
14 Flag Day <i>Sunday Breakfast 8:30am–</i>	15	16	17	18	19	20
21 Fathers Day <i>Sunday Breakfast 8:30am– 12:30 pm</i>	22	23	24	25	26	27
28 <i>Sunday Breakfast 8:30am– 12:30 pm</i>	29	30				