



THE SACRAMENTO VETERAN

July/August 2015



Commander's Message

Comrades & Sisters,

We will be starting a new year in July, we are looking to keep up with the success that we have enjoyed this year. Talk to your Veteran friends and relatives about joining the Post and getting involved. Please, all continuous members pay your dues early. It is very important to maintain our goal of becoming 100% by December 31, 2015.

Thank you to the Post delegates for their participation at the State Convention in Bakersfield.

Our Sunday breakfasts have become a great success. Thanks to a great group of volunteers which mostly include our comrades and Auxiliary. The quality of our meals have improved 100%. Our menus vary with numerous new items added every week plus they are very delicious. So don't miss out come and join us, bring friends and family.

I wish you all good health and have a great summer, stay cool. Till next time.

Yours in Comradeship,

Chris Anderson

LAX President's Message

Dear Sisters,

I am honored to have been re-elected President of our Ladies Auxiliary for the upcoming year 2015-2016. I will do my best to lead our Auxiliary with the help and energy of our hard working sisters.

The Convention went very well in Bakersfield. It was a good learning process and fun meeting new people from across the state. President, Kathy Walery, her special project is the Pathway House. It is a residential treatment program for Veterans at the Yountville Veterans Home. Her theme is "Honor, Serve, Remember" We received a Citation for our participation in the Christmas Stocking Drive which was lead by Dorothy Fisher. We made and gave these to the hospitalized Veterans at Mather V.A. Many thanks to our Post 67 Auxiliary sisters, Kathy Sublett and Tricia Hedahl, for making quite a few stockings.

I am sadden to announce the passing of two great Auxiliary sisters, Dimples McCray and Gladys Baker. Dimples' memorial will be held at our Post on July 10, 2015 at 11:00 to 3:00 pm. Gladys' memorial will also be at our Post on July 24, 2015 at 12 noon. Please come and pay your respects and join in the Auxiliary ceremony. Also, if you can, bring a dish or dessert to share.

Our next meetings are July 9, 2015 and August 13, 2015 at 6:00pm. Please come and join us—we need you. There will be a school of instruction for the Auxiliary on August 1, 2015. I will have more information at our next meeting.

Loyally yours,

Gloria Tarin-Gamino

From the Housing & Building Committee

Gilbert Gamino
gaminogilbert@yahoo.com

Once again I've been appointed to chair the House Committee. We have combined the Building Committee and Housing Committee as one. The Building Committee will be co-chaired by Robert Ortiz and Michael Andrade.

Robert Ortiz is a good fit for that committee because of the fact that he is also the Post Surgeon, I'm sure he will be able to keep our kitchen and canteen in line with both state and county regulation and updated permits.

Michael Andrade is a hands-on type of a person. His knowledge on the building trades will be a great asset to our building committee. Hobnobbing is the name of his game and had gone out to the local industries and vendors and has secured a good number of sizable donations for our Post. His motto is "the sky is the limit."

At this time I would like to extend a welcome to our commander Chris Anderson; he will be leading our Post for the third consecutive term, which will keep our Post in the same position and prosperous direction.

All our programs are doing quite well: hall rentals, kitchen, and canteen revenue has doubled.

2017 will be our 100th Anniversary, our commander has already handed the House Committee a "honey do" list in preparation for that event. We will be kicking off a fund-raising effort July 25, 2015, with our annual Luau/Tiki Party. We need your support and help to make this event a great success.

Respectfully,

Gilbert Gamino

VFW POST #67
JULY 2015

SUN	MON	TUES	WED	THU	FRI	SAT
Sunday Breakfast Specials Jul 5 - Spinach and Bacon Omelette Jul 12 - Chili Verde, Eggs, Beans Jul 19 - Breakfast Burger with Eggs Zucchini Omellette Jul 26 - Sirloin Steak and Eggs			1	2 VAC Meeting 7:00 pm	3	4
5 Sunday Breakfast 8:30 am-12:00 pm	6	7	8	9 Ladies Aux Meeting 6:00 pm American Legion #391 Mtg - 7:00 pm	10 Dimples McCray Memorial 12:00 pm 	11
12 Sunday Breakfast 8:30 am - 12:00 pm	13	14	15	16 Post & Ladies Aux Officers Mtg - 5:00 pm House Com Mtg - 6:00 pm	17	18
19 Sunday Breakfast 8:30 am - 12:00 pm	20	21	22	23 VFW Post #67 Meeting 7:00 pm	24 Gladys Baker Memorial 12:00 pm 	25 Luau/Tiki Party 4:00-11:00 pm
26 Sunday Breakfast 8:30 am - 12:00 pm	27	28	29	30	31 Post #67 Birthday Social 6:00 pm	

VFW POST #67
AUGUST 2015

SUN	MON	TUES	WED	THU	FRI	SAT
Sunday Breakfast Specials Aug 2 - Eggs Benedict, Potatoes, Toast Aug 9 - Chorizo & Eggs with Beans Aug 16 - Chicken Fried Steak with Eggs Aug 23 - Chilaquiles & Eggs with Beans Aug 30 - Sirloin Steak & Eggs						1
2 Sunday Breakfast 8:30 am-12:00 pm	3	4	5	6 VAC Meeting 7:00 pm	7	8
9 Sunday Breakfast 8:30 am-12:00 pm	10	11	12	13 Ladies Aux Meeting 6:00 pm American Legion #391 Mtg - 7:00 pm	14	15
16 Sunday Breakfast 8:30 am-12:00 pm	17	18	19	20 Post & Ladies Aux Officers Mtg - 5:00 pm House Com Mtg - 6:00 pm	21	22
23 Sunday Breakfast 8:30a-12:00p	24	25	26	27 VFW Post #67 Meeting 7:00 pm	28 Post #67 Birthday Social 6:00 pm	29
30 Sunday Breakfast 8:30a-12:00p	31					

Passing of Chaplain Richard Latimer

With the passing of Chaplain Dick Latimer, a true comrade in every sense, I'm grateful to our members for allowing me the Chaplain position for VFW Post #67.

I will be concerned with the spiritual needs of our members and their families. Our Post has always been a very caring VFW Post to its members and community. We are always reaching out to veterans's children and seniors. Doing the right thing is very important to me. If anyone needs a person to talk that cares, I'm the one.

I have worked with many different religious groups in this town over the past 40+ years, and I am still in contact with them.

I will, by example, point the way toward a high moral plane for our Post. I try to practice what I preach. We have great people in our Post, and I want to help anyone in need. Sometimes all it takes is a kind word from the heart.

Thanks,
Mike Andrade



From the Ladies Auxiliary Treasurer

Ruth Torres
ruthcuca@aol.com
916.421.6794

First I want to address the Annual members. The dues are going to be going up come the first of July to \$35.00. The dues have not been raised for almost 10 years. \$30.00 will go for the dues and \$5.00 for the Cancer Insurance. If you have any questions please feel free to give me a call or e-mail.

Our President Gloria Tarin-Gamino, Judy Moore, and I had the great honor of attending our State Convention in Bakersfield. Judy was asked by Kathy Valery, the new district President, to install her. That was a great honor.

We look forward to another year with Gloria as our leader. Hard to keep up with her! Our auxiliary is in good shape. We have added more new members and more of the younger ladies are stepping up helping run our programs.

I want to apologize that I haven't been sending out the birthday cards for our Sisters. We had a few setbacks in health and this was set on the back burner. When we start our new year on July 1st, 2015, I shall be back to doing that. If you haven't received one from me it means I didn't have your birth date. Many of the older cards didn't have that information. So belated happy birthday for April, May, June birthday Sisters. We wish more would come to our meetings. There are so many interesting things going on; there are many veterans coming back and needing our help, it is rewarding to see all the programs we work on at our Auxiliary to support and help them.

Keep collecting those tabs from cans, Campbell Soup, Swanson labels. We are collecting full bars of soap and clothes for the Veterans Stand Down in September. We have a container in the Post canteen.

Yours truly,
Ruth Torres

LAX Five-Year Anniversary Dinner

Our first Anniversary dinner in five years is now history. It was a huge success. Our Auxiliary celebrated its 98th year. We have a member, Merle Cale that just celebrated her 100th birthday. She has only been a member for 10 years. Sally Sparlin got a pin for 55 years of membership. Thank you, Sally.

We want to thank our Commander, Chris, and his crew for the excellent food and service. It warmed my heart to see the joint effort of the Post and Auxiliary. I know everyone was pleased. Commander, we'll be there for you when you have your Roll Call dinner.

Peace Meal Kitchen

Marina Maldonado
LAX Jr. Vice President

I am Marina Maldonado and have been volunteering in the Kitchen for just over a year and love doing it. I am now the lead coordinator for kitchen volunteers. As a non-profit organization, all work done in the kitchen is done by volunteers donating their time to keep it running. We are currently making changes to ensure our guest enjoy a fine dining experience. We would like any feedback or suggestions you may have.

We welcome any person who would like to come and join our team. Shifts run from 3 to 4 hours. We need kitchen openers, preppers, servers, toastmasters, dishwashers and closers. If you would like to join or know of anyone that would, please contact me at 916.709.6706 or email volunteersPost67@gmail.com.

VFW Post #67
2784 Stockton Blvd, Sacramento CA

Mike Andrade and Hiroko Rowe
Invite You to a
Hawaiian Luau/Tiki Party
Come and Enjoy a
Hawaiian-Style Roasted Pig & Trimmings

* Program *

Ohana Hawaiian Dance Troupe
Sacramento Taiko Dan
Post 8358 Lion Dance - Youth Group
Ukulele Musicians
Dancing to Miller Hights Country Band

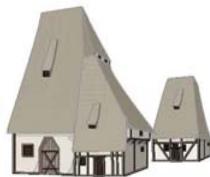
Honoring All Veterans

Saturday, July 25, 2015
4:30 p.m. to 10:30 p.m.

Tickets - \$25

Raffle Raffle

For more information,
call 370.2254
or the Post at 453.9209



VFW Lt. Lansdale Post #67, Inc.
2784 Stockton Blvd. Sacramento
CA 95817 916.453.9209

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ORGANIZATION U.S.
POSTAGE PAID Permit No.
328 Sacramento CA

RETURN SERVICE REQUESTED
THE SACRAMENTO VETERAN

July/August 2015



Post Commander	- Chris Anderson	LAX President	- Gloria Tarin-Gamino
Sr Vice Commander	- Malachi Smith	Senior Vice	- Terri Maestas
Jr Vice Commander	- Daniel Johnson	Junior Vice	- Marina Gonzales
Quartermaster	- Kevin Hedahl	Treasurer	- Ruth Torres
Chaplain	- Michael Andrade	Chaplain	- Kim Elias
Judge Advocate	-	Conductress	- Kathy Sublett
Surgeon	- Robert Ortiz	Guard	- Mary Woolford
1st Year Trustee	-	Trustees #1	- Mary Woolford
2nd Year Trustee	-	Trustees #2	- Christal Spooner
3rd Year Trustee	-	Trustees #3	- Novella Lopez
Interim Adjutant	-	Secretary	- Alyssa Hernandez
Service Officer	- Malachi Smith		

HALL RENTAL

916.370.2254

CANTEEN

916.453.9209