



THE SACRAMENTO VETERAN

February/March 2016



Commander's Message

Dear Comrades and Auxiliary Members,

First of all, I would like to thank Dan Johnson for the great job he did in chairing our Annual Children's Christmas Party. His ability to lead our volunteers in making this party happen totally amazes me. This event has been an ongoing event for the last 65 years.

Very little advertisement is done for this event but both our Veterans as well as the community at-large know when to bring the children for this event.

We have a good deal of very important issues coming up this year because of our 100th anniversary this coming year, 2017. The need to spend large amounts of money to spruce up our Post will have to be discussed and approved by our general membership. It is possible that will need to have two general meetings a month to ensure that we focus on all responsibilities that this membership needs to address in a professional manner. I've been leading our Post for the last four terms, and I need your input to really succeed in 2017. This is your Post—you own it—be proud of it.

Remember your membership is very important for the success of our Post, make sure your dues are paid up, If you have any questions about your status, please contact our Quartermaster who has a current roster.

Yours in Comradeship,

Chris Anderson

VFW Auxiliary President's Message

Greetings Auxiliary Members,

Greetings to all the wonderful VFW Auxiliary members who put their heart and volunteer hours working our programs for our Veterans. Thank you for all that you do.

We have several events happening in February and March. On February 13, 2016, we will be hosting the District 17 meeting at our Post. The Auxiliary will be cooking lunch for everyone for \$5.00. The meeting begins at 9:30. Please come and represent Auxiliary Post 67. On February 15 the Auxiliary will be hosting a Casino Bus trip to Feather Falls. The bus is filling up fast—call the Post if you want to check and see if there are seats available.

On March 11, 2016, at 5:30 pm we will be having our 99th Year Anniversary and Pinning dinner. As usual the Post 67 comrades will be cooking and serving our dinner. We will also have a champagne toast to salute all the wonderful members who have worked hard over the years to support our Veterans. Please contact Ruth Torres at 916-421-6794 or email her at ruthcuca@aol.com if you plan to attend; and if you are due a pin, please contact her by February 19, 2016.

Our VFW Auxiliary meetings will be held on February 11, 2016, and March 10, 2016, at 6:00 pm. Please come and join us. Our membership should be at 100 percent at our next meeting. We need to bring in more members male or female over 16 so we can challenge 4647 for the medallion they took from us and so we can continue to support our veterans. It is very important to continue to pass the Auxiliary teachings on to our younger generation.

Loyally yours,

Gloria Tarin-Gamino

From the House & Building Committees

Gilbert Gamino
gaminogilbert@yahoo.com

I would like to start by stating that once again we had a tremendous year with our ongoing Veteran Programs—all state-mandated programs were funded to 100% and our recruiting is near the top level.

Our House and Building Committees are gearing up to implement some badly needed repairs with Mike and Robert taking the lead. This is the year we need to start working together to fulfill our upcoming 100th anniversary beautification of our Post. 2017 is the year.

Our Post needs input from our large membership. Send us your ideas, leads in funding, any questions, and volunteering. There is a larger number of areas that need your support. Let's rally around our Post; let's polish this jewel and make our Post members and their families proud that their tremendous efforts are not falling by the wayside.

Our Sunday Breakfast is moving in a more positive direction; our serving and quality of food has everybody that comes in dazzling with joy over how good and hot Breakfasts are coming out. We have doubled the size of our menu—there is something for everybody to enjoy. Come in and support our Post "Peace Meal Kitchen" every Sunday from 8:30 am to noon.

Both the Hall rentals and canteen revenue sales had a bumper year thanks in part to the endless effort of all the hard working volunteers. Last year's bar manager, Glenn Woodford, along with the Elias family were very instrumental in running a timely and smooth operation in the canteen. Many a time both Glenn and Art were there to support me in opening and closing the hall events, insuring that at the end of the function, the building was clean and secure. I'll never be able to thank Glenn Woodford and the Elias family enough—my gratitude for them will never waver.

Deeply Grateful,
Gilbert Gamino

VFW Post 67's 2015 Annual Children's Christmas Party
was successful because of our wonderful volunteers Thanks
to all our contributors, especially Mike Andrade and the
Teamsters Local 150 and American Legion Post 391.



VFW POST #67
FEBRUARY 2016

SUN	MON	TUES	WED	THU	FRI	SAT
	1	2	3	4 VAC Meeting 7:00 pm	5	6
7 Sunday Breakfast 8:30 am- 12:00 pm	8	9	10	11 Auxiliary Meeting 6:00 pm American Legion #391 Mtg - 7:00 pm	12	13 District 17 Meeting 9:30 am
14 Sunday Breakfast 8:30 am - 12:00 pm	15	16	17	18 Post & Auxiliary Officers Mtg - 5:00 pm House Com Mtg - 6:00 pm	19	20
21 Sunday Breakfast 8:30 am - 12:00 pm	22	23	24	25 VFW Post #67 Meeting 7:00 pm	26 Post Birthday and Social 6:00 pm	27
28 Sunday Breakfast 8:30 am - 12:00 pm	29	Sunday Breakfast Specials Feb 7 - Corned Beef Hash, Eggs, Potatoes, Toast Hot Links, Eggs, Potatoes, Toast Feb 14 - Eggs Benedict or Shrimp Omelette, Potatoes, Toast Feb 21 - Beef Chicana, Eggs, Beans, and Tortillas Feb 28 - Steak & Eggs, Potatoes, Toast				

VFW POST #67
MARCH 2016

SUN	MON	TUES	WED	THU	FRI	SAT
Sunday Breakfast Specials Mar 6 - Corned Beef Hash and Eggs Hot Links and Eggs Mar 13 - Shrimp Omelette or Eggs Benedict, Potatoes, Toast		1	2	3 VAC Meeting 7:00 pm	4	5
6 Sunday Breakfast 8:30 am-12:00 pm	7	8	9	10 Auxiliary Meeting 6:00 pm American Legion #391 Mtg - 7:00 pm	11	12
13 Sunday Breakfast 8:30 am-12:00 pm	14	15	16	17 Post & Auxiliary Officers Mtg - 5:00 pm House Com	18	19
20 Sunday Breakfast 8:30 am-12:00 pm	21	22	23	24 VFW Post #67 Meeting 7:00 pm	25 Post Birthday and Social 6:00 pm	26
27 Sunday Breakfast 8:30 am-12:00 pm	28	29	30	31	Sunday Breakfast Specials Mar 20 - Menudo, condiments, Tortillas Mar 27 - Sirloin Steak and Eggs	

From the VFW Auxiliary Treasurer

Ruth Torres
ruthcuca@aol.com
916.421.6794

Dear Auxiliary Members,

As we embark on a New Year, we think of the many good things that happened this past year. We had a few sad moments. We lost some very dear Sisters this past year—some we relied on to mentor us newer members.

I want to thank all the Annual members that became life members. All of you that became life members I hope you have received your life member card. If not give me a call. If any of you Annual members want to become life members then contact me to see how much you would owe to make that possible. You could start paying monthly until you have reached that amount and we would then transfer you to life for 2016-2017.

As I am writing this we are 1 (one) away from being 100% in membership and of course we need to grow more. Check within your own family to see if you have any family members that qualify under how you came in. It is exciting times now that we have male members. So far the two we have now have had some input on things.

Be sure and write my number down so if you have any questions on what is happening around the Post and give me a call. Don't forget that we have our Breakfast every Sunday morning from 8:30 to noon. Gloria, our President, makes sure we have many interesting items on the menu. Gloria and Gilbert have put a great deal of spark into the Kitchen.

Wish everyone health and happiness for 2016. God Bless America.

Yours truly,
Ruth Torres

TAPS for Comrade Veteran Frank Cabral

who passed on December 25, 2015. Frank was in the Marine Corps and received the National Defense Service Medal, Rifle Sharpshooter, and Good Conduct Medal. At any given day you would see Frank participating at the VFW Post 67 events. He was a very giving person. We will miss him immensely,



Peace Meal Kitchen

Gilbert Gamino
Kitchen Manager



Dominique Maestas, Chris Fisher, Kristina Cabrera

Thanks to Terri Maestas, VFW Post 67 Auxiliary Youth Activities Chairperson, for running the high school student community volunteer program. The students have been a great help in the running of our Peace Meal Kitchen. We appreciate their help and enjoyed having the students at our Post. If you know of any students who would be interested in volunteering, please email Terri at Terrimaestas1@gmail.com.



Avaya, our Youngest Volunteer

We sincerely thank you for supporting your local Veterans, and our local VFW Post 67. Our Post and Auxiliary Volunteer kitchen staff is honored to provide you with delicious hot food made to order.

Remember, "Like" us on Facebook to keep up with weekly specials, ask questions, leave comments, or share pictures with friends and family.

DATES TO REMEMBER

HAPPY VALENTINE'S DAY
FEBRUARY 14, 2016

FEATHER FALLS CASINO BUS TRIP
MONDAY, FEBRUARY 15, 2016
8:00 AM TO 4:00 PM

VFW POST 67 AUXILIARY 99TH ANNIVERSARY DINNER
FRIDAY, MARCH 11, 2016

VFW Lt. Lansdale Post #67,
Inc. 2784 Stockton Blvd.
Sacramento CA 95817

NON PROFIT
ORGANIZATION U.S.
POSTAGE PAID Permit No.
328 Sacramento CA

RETURN SERVICE REQUESTED
THE SACRAMENTO VETERAN

February/March 2016



Post Commander	-	Chris Anderson	VFW Aux Pres	-	Gloria Tarin-Gamino
Sr Vice Commander	-	Malachi Smith	Senior Vice	-	Terri Maestas
Jr Vice Commander	-	Daniel Johnson	Junior Vice	-	Marina Maldonado
Quartermaster	-	Kevin Hedahl	Treasurer	-	Ruth Torres
Chaplain	-	Michael Andrade	Chaplain	-	Kim Elias
Judge Advocate	-	Ken Lazzarini	Conductress	-	Kathy Sublett
Surgeon	-	Robert Ortiz	Guard	-	Stanley Elias
1st Year Trustee	-		Trustees #1	-	Mary Woolford
2nd Year Trustee	-		Trustees #2	-	Christal Spooner
3rd Year Trustee	-		Trustees #3	-	Novella Lopez
Interim Adjutant	-		Secretary	-	Alyssa Hernandez
Service Officer	-	Malachi Smith			

HALL RENTAL	916.370.2254	CANTEEN	916.453.9209
--------------------	---------------------	----------------	---------------------
