



THE SACRAMENTO VETERAN

September/October 2016



Commander's Message

Dear Comrades and Auxiliary Members,

We have had a very productive two months—thanks to all the outstanding volunteers and community. Richard Melendez is the **Centennial Celebration Committee** chairperson. The committee will meet at Post #67 every Tuesday at 6:30 pm to plan the upcoming events. The main celebration is going to be in March 2017. We encourage anyone who would like to participate to please come and join us.

Our next Post event is going to be the **VFW Summer Bash** and will be held on September 10, 2017, beginning at 8:00 pm and lasting til 1:00 am. Senior Vice Daniel Johnson is the organizer with a lot of help from the younger vets. Tickets just went on sale! Please support our great Post. Thank you, Daniel Johnson, for all the planning and reaching out to the colleges.

At this time I want to acknowledge our Adjutant Michael Castillo plus Canteen Manager, Hall Rental person with Junior Vice Norma Christensen. We are finally working as a real team. Mike has a lot of young ideas that we never thought of and with the ideas from our older vets, we are going to make good things happen. Mike has organized a partial remodel of our Bar and at the Post Meeting it had no trouble passing.

Surgeon Robert Ortiz, also House Committee chairperson, has been right in the middle of everything we are trying to accomplish, from kitchen improvements to

getting roof repair estimates. Big thanks to you, Robert, from all our members.

Gilbert and Gloria Gamino manage our Peace Meal Kitchen, and the sales are breaking all records. Many families have come to celebrate special occasions for breakfast. Gilbert and Gloria need a lot of VOLUNTEERS to help make it happen, and you don't have to be a member to help. Please contact Gilbert at 916.524.9816.

Two weeks ago I was asked to speak at an annual VA Mental Health Summit at Mather. I spoke for 45 minutes and the subject was how the VFW partners with the VA. The good things and not so good were told. Our VFW members think a lot alike so when I was done speaking we got a standing ovation. It's easy when you tell the truth. I really want to thank the American Legion and AMVets that support our Post—you're great, and we will always be there for you.

Our most important officer that without him the Post wouldn't operate is Quartermaster Bill Campos. He has the greatest dedication to our bylaws and all transactions regarding payments and deposits. Another great asset is Bill knows all the community leaders and has invited them to come into our Post. He has set up job fairs and, most important, voters registration coming up. Bill really watches over all our assets, and we are thankful for all his questions regarding where is the money and what is coming in.

Yours in Comradeship,

Michael Andrade
michael.g.andrade@icloud.com

VFW Auxiliary President's Message

Dear VFW Auxiliary Members,

Fall season is approaching and our Auxiliary is steadfastly working everyday to support our Veterans. We are collecting items to donate for the upcoming Sacramento Stand-Down on September 16-18, 2016. We need the following items: toothbrushes, miniature toothpaste, shampoos, and deodorant. Also new socks, undergarments, and denim pants for both men and women. Monetary donations are fine—the Auxiliary will be shopping to buy these items before September 13. Contact me at 916.425.7917 or Ruth Torres at 916.716.6886.

In September we are observing POW/MIA veterans with recognition ceremonies. One will be held September 10, 2016, from 12:00 pm to 2:30 pm at Post #4647, 3300 U Street, Antelope, California. If you plan to attend, please RSVP Joyce Bilyeu at 916.708.2286 for lunch attendance.

We had a wonderful District 17 meeting on August 13, 2016. We had the honor of having our State President Erma "Tootsie" Dougherty attend our meeting. Her theme is "Let Freedom Ring, Sing, Swing." Her special project is the California Veterans Assistance Foundation. They are a nonprofit organization that provide housing and supportive services for men and women veterans living in the City of Bakersfield and Kern County, California. At this meeting our Auxiliary received the membership medallion back for having a higher percentage in membership than the other Auxiliary in our Division. We have to work hard this year to bring in more new members and we ask the annuals to please send in their renewals. Become a Life Member before December 31, 2016, as the fee will be going up 15% in January 2017. We need more male members—encourage someone you know who qualifies to become a member.

District 17 is holding a fundraiser on October 29, 2016, at Post #4647—no-host bar 5:00 pm, dinner at 6 pm. Cost is \$15.00 per person. Turkey dinner with all the trimmings and raffles and entertainment. Please come to support our District.

This year 's Centennial Celebration will be combined with the Post. If you have pictures or stories of our VFW Post #67 from earlier years, please bring to share.

Our next Auxiliary meetings will be September 8, 2016 and October 13, 2016 at 6 pm. Look forward to seeing you all and bring your great ideas.

Loyally yours,

Gloria Tarin-Gamino

TAPS: *Tony Hurtado, a Vietnam veteran, was unexpectedly called home to be with the Lord on Tuesday, August 2, 2016. He loved his flag and country and as an active member of VFW Post #67 served on the Honor Guard alongside his fellow comrades. Condolences to his wife Klm and four daughters. Thank you for your service—you will be missed.*



Centennial Celebration of VFW Post #67

VFW Post #67 has established a committee to celebrate the 100th birthday of continued commitment to supporting our veterans and community! We are currently meeting every Tuesday at 6:30 pm in the small Post hall.

GOALS:

- Celebrate and Recognize the 100 Years of Continued Involvement Within the Greater Sacramento and Surrounding areas.
- Honor All Veterans and Auxiliary Members, Past and Present.
- Recognize Our Veterans Services from WWI thru Afghanistan.
- Hold Open House.
- Schedule Media Day.
- Interview Vets.
- Set up Photo Gallery.
- Create and Circulate Fliers.
- Create Centennial logo for use on letterhead.

If you are interested in seeing how the planning is going, please feel free to join us at the weekly meeting! If you have any pictures of any past events held at the post or had a veteran you wish to honor, please feel free to bring them to a meeting. Your participation is greatly appreciated! Please contact me for any questions or concerns.

Sincerely,
Richard Melendez
916.224.8087
rrmelendez@sbcglobal.net

Voter Education Forum

On Saturday, October 8, 2016, United Latinos will be hosting a Voter Education Forum at Post #67. The event will occur from 10:00 am to 2:00 pm and will include a box lunch. Please be sure to attend this event because we will have the candidates for Congress and the U.S. Senate appear and make a presentation on why they should get elected. We will also have an opportunity to ask them questions and to hear what they have to say about how they plan to serve us.

These very important public offices have a great say on services to veterans and have a huge impact on the funds veterans receive for those services. We have invited Kamala Harris and Loretta Sanchez candidates for U.S. Senate and we have received confirmation of attendance from Dr. Ami Bera and Sheriff Scott Jones candidates for U.S. Congress, District 7. This is your chance to meet them—don't miss it. The details of what time they are to appear are not set at this time. Stay tuned—save the date.

We have three propositions and will be presenting their pros and cons. We have secured Mayor-elect Darrell Steinberg to be our Keynote Speaker. For more information please contact:

Arturo Aleman • 916.213.3717
or Julio Gonzalez • 530.902.2334.
To find out more about United Latinos go
to: www.unitedlatinos.org.

VFW POST #67
SEPTEMBER 2016

SUN	MON	TUES	WED	THU	FRI	SAT
Sunday Breakfast Specials Sep 4 - Corned Beef Hash, Eggs, Potatoes, Toast Hot Links, Eggs, Potatoes, Toast Sep 11 - Huevos Rancheros, Beans, Potatoes Chili Verde Chilaquiles, Beans, Potatoes Sep 18 - Menudo, Condiments, Tortillas Sep 25 - Sirloin Steak, Eggs, Potatoes, Toast Shrimp Omelette, Potatoes, Toast				1 VAC Meeting 7:00 pm	2	3
4 Sunday Breakfast 8:30 am- 12:30 pm	 5 Open House Potluck 1:00 pm	6 Post #67 Centennial Celebration Committee Meeting 6:30 pm	7	8 Auxiliary Meeting 6:00 pm American Legion #391 Mtg - 7:00 pm	9	10 Post #67 Summer Bash Party 8:00 pm - 1:00 am
11 Sunday Breakfast 8:30 am- 12:30 pm	12	13 Post #67 Centennial Celebration Committee Meeting 6:30 pm	14	15 Jt. Officers Mtg 5:00 pm House Com Mtg 6:00 pm	16 Sacramento Stand-Down	17
18 Sunday Breakfast 8:30 am - 12:30 pm	19	20 Post #67 Centennial Celebration Committee Meeting 6:30 pm	21	 22 VFW Post 67 Mtg 7:00 pm	23	24
25 Sunday Breakfast 8:30 am - 12:30 pm	26	27 Post #67 Centennial Celebration Committee Meeting 6:30 pm	28	29	30 Post Social Birthday Potluck and Karaoke 6:00 pm	

VFW POST #67
OCTOBER 2016

SUN	MON	TUES	WED	THU	FRI	SAT
<p>Sunday Breakfast Specials Oct 2 - Corned Beef Hash, Eggs, Potatoes, Toast/ Hot Links, Eggs, Potatoes, Toast Oct 9 - Chili Verde with Nopales, Eggs, Beans, Tortillas Oct 16 - Chorizo & Eggs, Potatoes, Beans, Tortillas Oct 23 - Posole, Condiments, Tortillas Oct 30 - Sirloin Steak, Eggs, Potatoes, Toast/ Shrimp Omelette, Potatoes, Toast</p>						1
2 Sunday Breakfast 8:30 am- 12:30 pm	3	4 Post #67 Centennial Celebration Committee Meeting 6:30 pm	5	6 VAC Meeting 7:00 pm	7	8 Voter Education Forum United Latinos 10:00 am to 2:00 pm Box Lunch
9 Sunday Breakfast 8:30 am- 12:30 pm	10	11 Post #67 Centennial Celebration Committee Meeting 6:30 pm	12	13 Auxiliary Meeting 6:00 pm American Legion #391 Mtg - 7:00 pm	14	15
16 Sunday Breakfast 8:30 am - 12:30 pm	17  Columbus Day	18 Post #67 Centennial Celebration Committee Meeting 6:30 pm	19	20 Jt. Officers Mtg 5:00 pm House Com Mtg 6:00 pm	21	22 VA Council "Honor Guard Squad" Dinner 6:00 pm
23 Sunday Breakfast 8:30 am - 12:30 pm	24  Happy Halloween	25 Post #67 Centennial Celebration Committee Meeting 6:30 pm	26	27 VFW Post 67 Mtg 7:00 pm	28	29
30						

From the VFW Auxiliary Treasurer

Ruth Torres
ruthcuca@aol.com
916.716.6886

Greetings Brothers and Sisters,

Fall is fast approaching. Looks like good weather for our last big holiday of summer's end. Wish everyone a safe Labor Day.

We have been so very busy in the Auxiliary. Many things going on. Please come and be a part of it. We have found new avenues of ways we can be of service to our vets.

Annual members need to get your dues in. The dues are \$35.00, of which \$5.00 goes into our Auxiliary Cancer Fund. If you haven't paid your annual dues and wish to become a Life Member, please contact me. The National Dues will be going up 15% the first of January 2017. We reached 100% last year with the paid annuals and new members. For this accomplishment, we received extra money and our President, Gloria Tarin-Gamino, received an award for having reached this milestone of 100%. Any questions on anything, please contact me.

We have a new member. Her name is Celia Negron. Welcome, Celia, and looking forward to having you join us. We are always looking for new members. Look around in your family and see if anyone could become a member the same way you did.

We want to wish our Chaplain, Kim Elias Hurtado, our sympathy on the loss of her husband Tony. We hope sunnier days to shine soon. Also, we want to wish Stanley Elias a speedy recovery. He has to go through chemo again. Pray for Stanley.

Best regards
Ruth Torres

From the Housing & Building Committees

Robert Ortiz
ortizrobert741@yahoo.com
916.230.0585

We always need kitchen volunteers to help with washing dishes, general clean up and preparing breakfast toast.

I would like to recognize those volunteers that helped clean the 250 chairs in the small and large hall. Special thanks to the following volunteers who helped with this project: Bela, Linda, Nicole, Gilbert, Butler, of course, me. Also like to thank dependable Arturo for opening for us as he always does whenever we need him. Thank You, Volunteers!

URGENT! We need anyone that would be interested in becoming a member of the Newsletter team, immediately! Training will be provided, please contact Gilbert or Gloria Gamino as soon as possible.

Volunteers are needed on Saturday, September 3rd to help with various clean up tasks. We'll be cleaning up the small hall, the restroom floors, organizing the clutter throughout post, painting and whatever is needed to make the post look better. You will not be committed for the entire completion of the projects, if you can just help an hour or two it will be a big help. Please contact Robert Ortiz or Mike Andrade for further details.

Yours truly,
Robert Ortiz

Peace Meal Kitchen

Gilbert Gamino/Gloria Tarin-Gamino
Kitchen Managers

I am now dedicating most of my time to ensure that our Peace Meal Kitchen continues to serve well prepared meals and prompt service. We really appreciate our members that for a number of years have supported our Post. As you know, we have a well rounded menu which include senior meals.

We are introducing a new service which will be a Sunday brunch buffet style for special occasions: birthdays, retirements. Due to our other guests, we can only accommodate 10 to 30 person groups. It will be served buffet style with pitchers of mimosas or bloody marys at a very reasonable price. You will need to call in advance to reserve a date and time. You can contact me, Gilbert Gamino at 916.524.9816.

We are still in dire need of volunteers for all positions in our kitchen. You'll start as a dishwasher and move up the ladder of responsibility.

At this time I would like to pay special attention to our current and past volunteers. Without them we wouldn't be able to continue to make money for many veterans programs here at Post #67. There isn't enough space to name all of our volunteers, but here are a few that stand out. Gloria Tarin-Gamino, our Axiliary president, is responsible for most of our support staff which includes Carola, lead server; Ruth cashier; Hank "toastmaster" and Melina, Courtney, and Abby servers.

Gilbert Gamino and Gloria Tarin-Gamino

VFW Lt. Lansdale Post #67, Inc.
2784 Stockton Blvd. Sacramento
CA 95817 916.453.9209

NON PROFIT
ORGANIZATION U.S.
POSTAGE PAID Permit No.
328 Sacramento CA

RETURN SERVICE REQUESTED
THE SACRAMENTO VETERAN

September/October 2016



Post Commander	-	Michael Andrade	VFW Aux Pres	-	Gloria Tarin-Gamino
Sr Vice Commander	-	Daniel Johnson	Senior Vice	-	Kathy Sublett
Jr Vice Commander	-	Norma Christensen	Junior Vice	-	Christal Spooner
Quartermaster	-	Bill Campos	Treasurer	-	Ruth Torres
Chaplain	-	Jacob Bumb	Chaplain	-	Kim Elias
Judge Advocate	-	Kenneth Lazzarini	Conductress	-	Judy Moore
Surgeon	-	Robert Ortiz	Guard	-	Stanley Elias
1st Year Trustee	-	Kuan Y Tseng	Trustees #1	-	Novella Lopez
2nd Year Trustee	-	Zenzi Moore	Trustees #2	-	Christal Spooner
3rd Year Trustee	-	Kevin Hedahl	Trustees #3	-	Stanley Elias
Adjutant	-	Michael Castillo	Secretary	-	Alyssa Hernandez
Service Officer	-	Daniel Johnson			

HALL RENTAL	916.370.2254	CANTEEN	916.453.9209
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**September & October 2016
Dates to Remember**

Labor Day Open House Potluck
Monday • September 5 • 1:00 pm

VFW Post #67 Summer Bash Party
Saturday • September 10 • 8:00 pm to 1:00 am

Sacramento Stand-Down
Friday September 16, thru Sunday, September 18
Helping Homeless Veterans Find Their Way Home
10626 Schirra Avenue, Rancho Cordova, Mather

Veterans Affiliated Council
"Honor Guard Squad Dinner"
Saturday • October 22 • 6:00 pm

For more information
Visit our Website (vfwpost67.org)
or Call the Canteen at 916.453.9209



Hero's Honor Garden

Purchase a rock for \$2.00, or provide your own rock, write the name of a veteran on the rock to honor their service. The rock will be placed in the Hero's Honor Garden at VFW headquarters in Elk Grove. Monies collected will be donated to the California Veterans Assistance Foundation in Bakersfield, which is the Department President's special project this year.